

Ignatian Silent Retreat

Living the Discerning Life: An Ignatian Guide to Daily Discernment

Led by Fr. Timothy Gallagher, OMV

October 21-23, 2022

All of us experience ups and downs in the daily spiritual life: times when God feels close and we have spiritual energy, and times when that energy wanes, and we struggle with discouragement. In fourteen practical guidelines ("rules"), St. Ignatius of Loyola offers invaluable aid toward understanding this experience, finding freedom from discouragement, and living our daily lives with joy. In this retreat, Fr. Gallagher will explore these fourteen guidelines and apply them to our experience through concrete examples. In addition to the rich silence of this retreat, there will be opportunities for Confession/spiritual direction and Mass.



Father Gallagher was ordained in 1979 as a member of the Oblates of the Virgin Mary, a religious community dedicated to retreats and spiritual formation according to the Spiritual Exercises of St. Ignatius. After obtaining his doctorate in 1983 from the Gregorian University, he has taught in seminaries, assisted in formation work, and served two terms as provincial in his own community. He has dedicated many years to an extensive international ministry of retreats, spiritual direction, and teaching about the spiritual life. He is a frequent speaker on EWTN, and his digitally recorded talks are utilized internationally. He has written many books on Ignatian discernment and prayer, several books on Venerable Bruno Lanteri and on the Liturgy of the Hours. He currently holds the St. Ignatius Chair for Spiritual Formation at St. John Vianney Theological Seminary in Denver.

The retreat will gather at the Redemptorist Renewal Center (7101 W. Picture Rocks Road, Tucson, AZ 85743). It begins with a reception at 5PM on Friday, with silence beginning with the first session at 7PM, after supper. It ends with lunch on Sunday.

For more information, please contact Ann S. Dickson at anndickson@theriver.com or 520-234-2140 or 3128 Pebble Beach Dr., Sierra Vista, AZ 85650 or Deacon Paul N. Duckro at pduckro@diocesetucson.org.